

KIMBERLY RELAYS BEDFORD HIGH SCHOOL

Saturday, April 12, 2014

12:30 Field Events

1:30 All Running Finals

Awards:

Team Champion and Runner-up Trophies to 1st and 2nd place teams
Team Champion and Runner-up Plaques to coach of 1st and 2nd place teams
Highest Combined Total Trophy – Boys and Girls from the same school
Best Individual Performer Plaques in each Field Event
Overall Male and Female Meet MVP
Medals to 1st – 3rd places

Scoring:

Scoring: 10, 8, 6, 5, 4, 3, 2, 1

Admission:

\$6.00 Adults and Students, Preschoolers and Senior Citizens – Free
All team members and bus drivers enter with coach and are stamped.

Bus Parking:

North parking lot in front of stadium

Packets:

Coaches' packets will be distributed at Gate A. If a coaches' meeting is necessary, the time and place will be announced.

Spikes:

1/4" spikes only

Relay Cards:

Each Coach's packet will contain relay cards for the running relays. Relay cards should be filled out and turned in when reporting to the bullpen. Any scratches or replacements can be made on the relay card and turned in to the bullpen prior to the event.

Heats/Entries:

One entry per team is permitted in all individual events.

Substitutions in individual running events must be reported to hy-tek operator by 1:00 PM, no subs will be permitted in the bullpen. Please submit your changes on the enclosed form.

Field Events:

Report to the competition area 15 minutes before your flight is scheduled to check progress of competing flight.

The long jump will be open pit. The boys will go first, from 12:30 – 2:00 and the girls will follow from 2:30 – 4:00. The length of each session may be adjusted if necessary. Warm-up time for boys and girls: 30 minutes prior to start of event.

Combined efforts of field events are totaled for determining places.

Substitutions in field events must be reported to hy-tek operator by 12:00. No substitutions will be permitted at the event. Please submit your changes on the enclosed form.

Starting heights

High jump: Boys – 5'3" increase 3" to 6' then 1" increments
Girls – 4'3" increase 3" to 5' then 1" increments

Pole vault: Boys – 8' increase 1' to 10' then 6" to 12' then 3" increments
Girls – 6' increase 1' to 8' then 6" to 10' then 3" increments

Order:

Girls will be first in the pole vault, discus and high jump.
Boys first in the shot and long jump.

Implements:

All shots and discs are furnished, however, if you wish to use your own implement it must be weighed and certified by the head field event referee and placed in the common pool of implements for use by anyone competing. **All implements must be weighed in by 12:00.** Thrower's teammates will retrieve shots and discs and walk them back to the circles.

Presentation
of Awards:

Awards will be presented immediately after the results are announced.